

Farming Information			
<b>Dept of Primary Industries, Parks, Water &amp; Environment</b>	Primary industries information	<b>1300 368 550</b>	<a href="http://www.farmpoint.tas.gov.au">www.farmpoint.tas.gov.au</a>
<b>Tasmanian Farmers and Graziers Association (TFGA)</b>	Effective advocacy for farming Information/support members services for	<b>6332 1800 1800 154 111</b>	<a href="http://www.tfga.com.au">www.tfga.com.au</a>
Visiting Services			
<b>Rural Alive and Well</b>	Providing counselling for individuals& families at risk of mental health problems	<b>6259 3014</b>	<a href="http://www.rawtas.com.au">www.rawtas.com.au</a>
<b>Rural Financial Counselling Service Tasmania</b>	Free service to help you assess and understand your financial & business options	<b>1300 883 276</b>	<a href="http://www.rfcstasmania.com.au">www.rfcstasmania.com.au</a>
Support Services			
<b>Anglicare</b>	Personal helpers and mentors program	<b>1800 243 232</b>	<a href="http://www.anglicare-tas.org.au">www.anglicare-tas.org.au</a>
<b>Beyondblue</b>	Depression and anxiety information and support	<b>1300 224 636</b>	<a href="http://www.beyondblue.org.au">www.beyondblue.org.au</a>
<b>Centacare</b>	Support, counselling, accommodation education & training services	<b>6278 1660 1800 559 793</b>	<a href="http://www.centacare.org.au">www.centacare.org.au</a>
<b>Cancer Council Tasmania</b>	Support (inc transport to treatment) & information for those affected by cancer	<b>13 11 20</b>	<a href="http://www.cancertas.org.au">www.cancertas.org.au</a>
<b>Country Women's Association (CWA)</b>	Family, household & community support	<b>6231 3706</b>	<a href="http://www.cwaintas.org.au">www.cwaintas.org.au</a>
<b>Dementia Carer Support Service (NW)</b>	Counselling and support for carers & people with dementia	<b>6424 8461</b>	
<b>Dept of Health and Human Services (DHSS)</b>	General Information	<b>1300 135 513</b>	<a href="http://www.dhhs.tas.gov.au">www.dhhs.tas.gov.au</a>
	Mental Health Services Helpline 24hr	<b>1800 332 388</b>	
	Men's Health Services	<b>6222 7750</b>	
	Women's Health Information Service	<b>1800 675 028</b>	
<b>Laurel House (Nth)</b>	Sexual assault counselling support service	<b>6334 2740</b>	<a href="http://www.laurelhouse.org.au">www.laurelhouse.org.au</a>
<b>Lifeline</b>	Phone counselling & referral 24/7	<b>13 11 14</b>	<a href="http://www.lifeline.org.au">www.lifeline.org.au</a>
<b>Lifelink Samaritans</b>	Phone counselling and referral 24/7	<b>1300 364 566</b>	<a href="http://www.lifelinksamaritans.org.au">www.lifelinksamaritans.org.au</a>
<b>Mensline Australia</b>	Phone counselling, and referral 24/7	<b>1300 789 978</b>	<a href="http://www.menslineaus.org.au">www.menslineaus.org.au</a>
<b>Relationships Australia Tasmania</b>	Social & emotional support counseling & events	<b>1300 364 277</b>	<a href="http://www.relationships.org.au">www.relationships.org.au</a>
<b>Sage Hill Family and Friends</b>	Support for family and friends of people with mental illness	<b>6431 3772 NW 6333 3111 Nth</b>	<a href="http://www.aspire.org.au">www.aspire.org.au</a>
<b>Salvation Army</b>	Family support	<b>6228 8400 Sth 63316760 Nth</b>	<a href="http://www.salvos.org.au">www.salvos.org.au</a>
<b>St Vincent de Paul</b>	Welfare support	<b>6234 4244 Sth 6326 5551 Nth</b>	<a href="http://www.vinnies.org.au">www.vinnies.org.au</a>
<b>Working It Out</b>	Gender and sexuality support and education service	<b>6231 1200 Sth 6432 3642 NW 6334 4013 Nth</b>	<a href="http://www.workingitout.org.au">www.workingitout.org.au</a>
Emergency Assistance			
<b>Red Cross</b>	Emergency services and relief 24hr	<b>1800 246 850</b>	<a href="http://www.redcross.org.au/TAS/">www.redcross.org.au/TAS/</a>
<b>Safe at Home</b>	Family Violence Response & Referral Line 24/7	<b>1800 633 937</b>	<a href="http://www.safeathome.tas.gov.au">www.safeathome.tas.gov.au</a>
<b>StandBy Response Service</b>	24 hour crisis response for families, friends and associates bereaved by suicide	<b>0400 183 490 Sth 0408 133 884 Nth 0439 556 660</b>	
<b>Kids Helpline</b>	<b>1800 551 800</b>	<b>Healthdirect Australia</b>	<b>1800 022 222</b>
<b>Gamblers Help</b>	<b>1800 858 858</b>	<b>Poisons Information</b>	<b>13 11 26</b>